



The Expectant Father: Facts, Tips, and Advice for Dads-to-Be (New Father Series)

By Armin A. Brott, Jennifer Ash

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This indispensable book explores the emotional, financial, and even physical changes the father-to-be may experience during his partner's pregnancy. Written in an easy-to-absorb format and filled with sound advice and practical tips for men on such topics as, how to make sense of your conflicting emotions, how pregnancy affects your sex life, and how to start a college fund. This volume reassures, commiserates, and informs. It also incorporates the wisdom of top experts in the field, from obstetricians and birth-class instructors to psychologists and sociologists.

This new edition features the latest research on many topics (and there's a ton of it), from expanding sections on overcoming infertility, in vitro, artificial insemination, and other tech-assisted pregnancies, especially where dad is not the biological parent, to updating the sections on childbirth to reflect the fact that about 80 percent of deliveries are now done with epidurals and new information on c-sections as well. Sections on prenatal communication and education are also be expanded. There will be an overall, top-to-bottom review of the content to make sure all the information is relevant to today's young and senior dads.

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Editorial Review

From Publishers Weekly

In this updated third edition of Brott's guide for new fathers, the parenting expert (*Fathering Your Toddler*) gives dads-to-be a month-by-month breakdown of what to expect as they prepare to welcome a baby into their family. For each month, Brott and Ash give a rundown of what mothers, babies, and fathers are experiencing physically and emotionally, from moodiness and food cravings (which fathers aren't exempt from) to balancing fatherhood with work. Rather than simply offering a laundry list, Brott and Ash explore, explain, and perhaps most importantly, assuage anxiety about the issues that arise and evolve over the course of a pregnancy. Seemingly every topic of concern is covered, from morning sickness, foods to avoid, midwives, doulas, and adoption to worries over miscarriage and birth defects, the latter addressed with calm, sympathetic advice. Brott and Ash's measured, experienced tone offers assurance and guidance for those new to the stresses and worries of impending fatherhood, making this a must-have for anyone expecting. (Sept.) (c) Copyright PWxyz, LLC. All rights reserved.

Review

Praise for *The Expectant Father*:

"Brott writes honestly and earnestly. His wry sense of humor will be a relief to hassled parents." —*Time* magazine

"...stood out immediately...because of its perceptive insights" —*San Francisco Chronicle*

"The best guidebook to date for both the prospective father and his partner in their journey through the nine months of pregnancy... a must for fathers-to-be." —John Munder Ross, Ph.D., author of *What Men Want and Father and Child*

"One would be hard put to find a question about having a baby that's not dealt with here, all from the father's point of view." —*Library Journal*

"For fathers soon expecting the ultimate gift—a new member of the family—*The Expectant Father* is his best friend." —CNN Interactive

"The *What to Expect When You're Expecting* for men. . . . If you know an expectant father, first baby or not, make sure he has this book." —*Full-Time Dads*

"...extraordinarily helpful...packed with specific advice." —*Portland Oregonian*

Winner, 2005 Adding Wisdom award from Parent-to-Parent

"For the dad-to-be, author Armin Brott's *The Expectant Father* is a terrific gift, offering insight into pregnancy and the first few weeks of parenthood." —*BabyCenter.com*

About the Author

Armin A. Brott is a nationally recognized parenting expert and author of Abbeville's New Father series, including: *The New Father: A Dad's Guide to the First Year*; *Fathering Your Toddler: A Dad's Guide to the Second and Third Years*; *Fathering Your School-Age Child*; and *The Military Father*. He has written on parenting and fatherhood for *The New York Times Magazine*, *The Washington Post*, *Newsweek*, and dozens of other publications. He also hosts "Positive Parenting," a nationally syndicated, weekly talk show and lives with his family in Oakland, California.

Jennifer Ash is the author of *Private Palm Beach* and a contributing editor to *Town and Country*. She and her husband Joe, and their son Clarke and daughter Amelia make their home in New York City.

Users Review

From reader reviews:

Oliver Watts:

What do you consider book? It is just for students since they are still students or the item for all people in the world, what best subject for that? Simply you can be answered for that problem above. Every person has diverse personality and hobby for each other. Don't to be pressured someone or something that they don't desire do that. You must know how great as well as important the book *The Expectant Father: Facts, Tips, and Advice for Dads-to-Be (New Father Series)*. All type of book are you able to see on many methods. You can look for the internet solutions or other social media.

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Jeanie Hynes:

The reserve untitled *The Expectant Father: Facts, Tips, and Advice for Dads-to-Be (New Father Series)* is the book that recommended to you to read. You can see the quality of the guide content that will be shown to anyone. The language that article author use to explained their way of doing something is easily to understand. The author was did a lot of analysis when write the book, therefore the information that they share to you is absolutely accurate. You also might get the e-book of *The Expectant Father: Facts, Tips, and Advice for Dads-to-Be (New Father Series)* from the publisher to make you a lot more enjoy free time.

Douglas Anderson:

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