



1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting

By Thomas Phelan

Download now

Read Online ➔

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan

The simplest, most effective parenting program for raising happy, well-behaved children

- **2016 Mom's Choice Award Winner**
- **2016 National Parenting Product Award Winner**
- **2016 Family Choice Award Winner**

"1-2-3 Magic made parenting fun again."

*"My three-year-old has become a different little girl, **and she is so much happier now.**"*

*"**All I have to say is that the ideas in this book really WORK!** It really is like magic!"*

*"Our home has become **a much more positive place.**"*

The sixth edition of the 1.8 million-copy bestseller *1-2-3 Magic* by internationally acclaimed parenting expert Thomas W. Phelan, Ph.D. compiles two decades of research and experience into an easy-to-use program designed for parents striving to connect more deeply with their children and help them develop into healthy, capable teenagers and adults. Dr. Phelan breaks down the complex task of parenting into three straightforward steps:

1. Helping your children learn how to control their emotions and refrain from negative behavior, including tantrums, whining, and sibling rivalry
2. Encouraging good behavior in your children and providing positive feedback
3. Strengthening your relationships with your children to reinforce the natural parent-child bond

You'll find tools to use in virtually every situation, as well as real-life stories from parents who have successfully navigated common parenting challenges such as reluctance to do chores, talking back, and refusing to go to bed or getting up in the middle of the night. For years, millions of parents from all over the

world have used the award-winning 1-2-3 Magic program to help their children develop emotional intelligence, raise healthier, happier families, and put the fun back into parenting.

Along with other highly-respected parenting classics such as *How to Talk So Kids Will Listen & Listen So Kids Will Talk*, *Parenting with Love and Logic*, *The 5 Love Languages of Children*, *No Drama Discipline*, and *The Whole Brain Child*, *1-2-3 Magic* is an essential tool for parents hoping to connect more deeply with their children.

 [Download 1-2-3 Magic: 3-Step Discipline for Calm, Effective ...pdf](#)

 [Read Online 1-2-3 Magic: 3-Step Discipline for Calm, Effecti ...pdf](#)

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting

By Thomas Phelan

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan

The simplest, most effective parenting program for raising happy, well-behaved children

- **2016 Mom's Choice Award Winner**
- **2016 National Parenting Product Award Winner**
- **2016 Family Choice Award Winner**

"1-2-3 Magic made parenting fun again."

*"My three-year-old has become a different little girl, **and she is so much happier now.**"*

*"**All I have to say is that the ideas in this book really WORK!** It really is like magic!"*

*"Our home has become **a much more positive place.**"*

The sixth edition of the 1.8 million-copy bestseller *1-2-3 Magic* by internationally acclaimed parenting expert Thomas W. Phelan, Ph.D. compiles two decades of research and experience into an easy-to-use program designed for parents striving to connect more deeply with their children and help them develop into healthy, capable teenagers and adults. Dr. Phelan breaks down the complex task of parenting into three straightforward steps:

1. Helping your children learn how to control their emotions and refrain from negative behavior, including tantrums, whining, and sibling rivalry
2. Encouraging good behavior in your children and providing positive feedback
3. Strengthening your relationships with your children to reinforce the natural parent-child bond

You'll find tools to use in virtually every situation, as well as real-life stories from parents who have successfully navigated common parenting challenges such as reluctance to do chores, talking back, and refusing to go to bed or getting up in the middle of the night. For years, millions of parents from all over the world have used the award-winning 1-2-3 Magic program to help their children develop emotional intelligence, raise healthier, happier families, and put the fun back into parenting.

Along with other highly-respected parenting classics such as *How to Talk So Kids Will Listen & Listen So Kids Will Talk*, *Parenting with Love and Logic*, *The 5 Love Languages of Children*, *No Drama Discipline*, and *The Whole Brain Child*, *1-2-3 Magic* is an essential tool for parents hoping to connect more deeply with their children.

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan

Bibliography

- Sales Rank: #629 in Books
- Brand: Parentmagic
- Published on: 2016-02-02
- Released on: 2016-02-02
- Original language: English
- Number of items: 1
- Dimensions: 8.90" h x .90" w x 5.90" l, 1.10 pounds
- Binding: Paperback
- 288 pages

 [Download 1-2-3 Magic: 3-Step Discipline for Calm, Effective ...pdf](#)

 [Read Online 1-2-3 Magic: 3-Step Discipline for Calm, Effecti ...pdf](#)

Download and Read Free Online 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan

Editorial Review

Review

"Phelan's method has a proven track record of ending the negotiations and getting kids back on track...1-2-3 {Magic} is the gold standard of child discipline for good reason. " - ***Library Journal-STARRED***

"The most valuable advice I got from reading *1-2-3 Magic* that you can start implementing at home immediately is to avoid too much talking and too much emotion...the 1-2-3- program is as much a control on parental anger as it is on children's behavior. " - ***Outnumbered 3 to 1***

"The book has a lot of great, helpful information. Anyone who has children, no matter what age, can learn from this. " - ***Cassandra's Place***

"*1-2-3 Magic* helped me quickly identify the areas that I was messing up with my kids, and showed me how I could change those bad habits and trade them in for solid tactics to use when my kids were not listening as they should be. The best part, is that it literally only took a couple days for my kids to completely jump on board with the program...This book is worth it's weight in gold and will change your family's life." - ***The Simple Moms***

"If you are a parent of young kids I do recommend that you pick up this book for a read as it would help you understand more about how to cope with your children during their outbursts." - ***Dominique's Desk***

"Lays out a simple program for parents to help manage, and keep from overreacting, to behavior that seems incessant and annoying, like a continual request for junk food right before dinner." - ***Tri-City Herald***

About the Author

Dr. Thomas W. Phelan is an internationally renowned expert, author, and lecturer on child discipline and Attention Deficit Disorder. A registered Ph.D. clinical psychologist, he appears frequently on radio and TV. Dr. Phelan practices and works in the western suburbs of Chicago.

Excerpt. © Reprinted by permission. All rights reserved.

Welcome to 1-2-3 Magic

Parenting is one of the most important jobs in the world, and it can also be one of life's most enjoyable experiences. Small children are engaging, affectionate, entertaining, curious, full of life, and fun to be around. For many adults, parenting provides profound and unique benefits unequaled by any other area of life.

Yet being a mom or a dad can also be unbelievably frustrating. Repeat the Twinkie scene more than a thousand times and you have guaranteed misery. In extreme but all-too-common situations, that misery can become the source of emotional and physical abuse. That's no way for anyone-child or adult-to live.

Children don't come with a How-To-Raise-Me training manual. That's why there is a program like 1-2-3 Magic. The 1-2-3 program is currently being used all over the world by millions of parents (including single and divorced), teachers, grandparents, day care centers, babysitters, summer camp counselors, hospital staff,

and other child caretakers, all of whom are working toward the goal of raising happy, healthy children.

The 1-2-3 program is also being taught and recommended by thousands of mental health professionals and pediatricians. At parent-teacher conferences, teachers recommend 1-2-3 Magic to the parents of their students (and sometimes parents recommend 1-2-3 Magic for Teachers to the teachers!).

Why all the enthusiasm? As one parent put it, "1-2-3 Magic was easy to learn and it gave me results. I went back to enjoying my kids and being the kind of mother I knew I could be." More than twenty-five years after the launch of the program, we're hearing from parents today who say, "My kids were great kids and now they're nice adults. We enjoy being with them."

1-2-3 Magic helps children grow up to be self-disciplined adults who are competent, happy, and able to get along with others. In other words, it helps produce emotionally intelligent people-people who can manage their own feelings as well as understand and respond to the emotions of others.

The methods described in this book are easy to master and you can start the program right away. Depending on whether you use the book, the audio CD, or the two DVDs, the technique takes about three to four hours to learn. Anyone can use 1-2-3 Magic-all it takes is determination and commitment!

How to Get Started

When you finish learning the 1-2-3 Magic program it is a good idea to start practicing it immediately. Talk with your spouse or partner, if both of you are living at home, and then get going right away. If you are a single parent, take a deep breath and then explain the drill to your children. Do the same thing if you're a grandparent. If you don't start right away, you may never get around to it.

After learning 1-2-3 Magic, you will know exactly what to do, what not to do, what to say, and what not to say in just about every one of the common, everyday problem situations you run into with your kids. Because 1-2-3 Magic is based on only a few basic but critical principles, you will not only be able to remember what to do, you will be able to do it when you are anxious, agitated, or otherwise upset (which for many of us parents is every day!). You will also be able to be a kind but effective parent when you are busy, in a hurry, or otherwise preoccupied.

What to Expect When You Begin the 1-2-3 Program

When you start 1-2-3 Magic, your relationship with your children will change quickly. But there is good news and bad news. The good news is that initially about half of all kids will fall into the "immediate cooperator" category. You start the program and they cooperate right away-sometimes "just like magic." What do you do? Just relax and enjoy your good fortune!

The bad news is that the other half of the kids will fall into the "immediate tester" category. These children will get worse first. They will challenge you to see if you really mean business with your new parenting ideas. If you stick to your guns, however-no arguing, yelling, or hitting-you will get the vast majority of these little testers shaped up fairly well in about a week to ten days. Then what do you do? You start enjoying your children again.

Believe it or not, you may soon have a much more peaceful home and more enjoyable kids. You will go back to liking and respecting yourself as a parent-and it can all happen in the foreseeable future!

Before we get into the details of the 1-2-3 program and Parenting Job 1, controlling obnoxious behavior, we should identify some very important concepts that are the fundamental to understanding how 1-2-3 Magic

works:

- 1.The most effective orientation to-or philosophy of-parenting (chapter 1).
- 2.The three basic parenting jobs (chapter 2).
- 3.The dangerous assumption parents, teachers, and other caretakers often make about young children (chapter 3).
- 4.The two biggest discipline mistakes made by adults (chapter 4).

Users Review

From reader reviews:

Margaret Wright:

Book is to be different per grade. Book for children until adult are different content. We all know that that book is very important for all of us. The book 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting was making you to know about other knowledge and of course you can take more information. It is very advantages for you. The guide 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting is not only giving you more new information but also to be your friend when you sense bored. You can spend your own personal spend time to read your publication. Try to make relationship with the book 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting. You never experience lose out for everything should you read some books.

Ruben Martin:

Do you considered one of people who can't read pleasant if the sentence chained within the straightway, hold on guys this specific aren't like that. This 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting book is readable by simply you who hate those straight word style. You will find the details here are arrange for enjoyable reading through experience without leaving perhaps decrease the knowledge that want to supply to you. The writer of 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting content conveys the thought easily to understand by lots of people. The printed and e-book are not different in the information but it just different by means of it. So , do you continue to thinking 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting is not loveable to be your top list reading book?

Nathan Kelly:

You will get this 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting by browse the bookstore or Mall. Only viewing or reviewing it may to be your solve trouble if you get difficulties on your knowledge. Kinds of this reserve are various. Not only simply by written or printed but can you enjoy this book through e-book. In the modern era including now, you just looking from your mobile phone and searching what their problem. Right now, choose your own personal ways to get more information about your guide. It is most important to arrange yourself to make your knowledge are still up-date. Let's try to choose suitable ways for you.

Christina Vallejo:

A lot of reserve has printed but it differs. You can get it by web on social media. You can choose the best book for you, science, amusing, novel, or whatever by searching from it. It is called of book 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting. You can contribute your knowledge by it. Without causing the printed book, it can add your knowledge and make you happier to read. It is most significant that, you must aware about publication. It can bring you from one destination to other place.

**Download and Read Online 1-2-3 Magic: 3-Step Discipline for
Calm, Effective, and Happy Parenting By Thomas Phelan
#FTGEHV7Y2K8**

Read 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan for online ebook

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan books to read online.

Online 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan ebook PDF download

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan Doc

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan Mobipocket

1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan EPub

FTGEHV7Y2K8: 1-2-3 Magic: 3-Step Discipline for Calm, Effective, and Happy Parenting By Thomas Phelan