



My Story

By Elizabeth A. Smart, Chris Stewart

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For the first time, ten years after her abduction from her Salt Lake City bedroom, Elizabeth Smart reveals how she survived and the secret to forging a new life in the wake of a brutal crime

On June 5, 2002, fourteen-year-old Elizabeth Smart, the daughter of a close-knit Mormon family, was taken from her home in the middle of the night by religious fanatic, Brian David Mitchell and his wife, Wanda Barzee. She was kept chained, dressed in disguise, repeatedly raped, and told she and her family would be killed if she tried to escape. After her rescue on March 12, 2003, she rejoined her family and worked to pick up the pieces of her life.

Now for the first time, in her memoir, MY STORY, she tells of the constant fear she endured every hour, her courageous determination to maintain hope, and how she devised a plan to manipulate her captors and convinced them to return to Utah, where she was rescued minutes after arriving. Smart explains how her faith helped her stay sane in the midst of a nightmare and how she found the strength to confront her captors at their trial and see that justice was served.

In the nine years after her rescue, Smart transformed from victim to advocate, traveling the country and working to educate, inspire and foster change. She has created a foundation to help prevent crimes against children and is a frequent public speaker. In 2012, she married Matthew Gilmour, whom she met doing mission work in Paris for her church, in a fairy tale wedding that made the cover of *People* magazine.

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My Story By Elizabeth A. Smart, Chris Stewart Bibliography

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Editorial Review

Review

"Her intimate story sheds light on her captivity and how she was able to rebuild her life after such an altering and scarring event. The audiobook, beautifully narrated by the author, has an extra dimension of truth and emotion." *Library Journal*

From the Back Cover

How did Elizabeth Smart survive nine months in captivity-and manage to forge a new life for herself? *This is her story.*

On June 5, 2002, fourteen-year-old Elizabeth Smart, the daughter of a close-knit Mormon family, was taken from her home in the middle of the night by religious fanatic Brian David Mitchell and his wife, Wanda Barzee. She was kept chained, dressed in disguise, repeatedly raped, and told she and her family would be killed if she tried to escape. After her rescue on March 12, 2003, she rejoined her family and worked to pick up the pieces of her life.

"The inspirational and ultimately redemptive story of a teenage girl's descent into hell... and of the faith that fueled her determination to survive." -*Kirkus Reviews*

In *My Story*, Smart tells of the constant fear she endured every hour, her courageous determination to maintain hope, and how she convinced her captors to return to Utah, where she was rescued minutes after arriving. Smart explains how her faith helped her stay sane in the midst of a nightmare and how she found the strength to confront her captors at their trial and see that justice was served.

"[The book's] power lies in the way Smart presents herself-stronger but somehow still innocent." -*The New Yorker*

About the Author

ELIZABETH ANN SMART is an American activist and president of the Elizabeth Smart Foundation. She first gained widespread attention at age fourteen when she was kidnapped from her home and rescued nine months later.

CHRIS STEWART is a former U. S. Air Force pilot assigned to fly the SR-71 Blackbird and B-1 bomber. He is the author of books including *Shattered Bone*, *The Kill Box*, and *The Third Consequence*. He lives in Farmington, Utah.

Users Review

From reader reviews:

Candice Foushee:

This book untitled My Story to be one of several books this best seller in this year, this is because when you read this book you can get a lot of benefit onto it. You will easily to buy this particular book in the book retail outlet or you can order it by using online. The publisher on this book sells the e-book too. It makes you more readily to read this book, since you can read this book in your Touch screen phone. So there is no reason to you to past this e-book from your list.

Grace Seals:

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Joshua Hsu:

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