



# Stahl's Essential Psychopharmacology: Neuroscientific Basis and Practical Applications

*By Stephen M. Stahl*

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## **Stahl's Essential Psychopharmacology: Neuroscientific Basis and Practical Applications** By Stephen M. Stahl

With this fully revised fourth edition, Dr Stahl returns to the essential roots of what it means to become a neurobiologically empowered psychopharmacologist, expertly guided in the selection and combination of treatments for individual patients in practice. Embracing the unifying themes of 'symptom endophenotypes', dimensions of psychopathology that cut across syndromes, and 'symptoms and circuits', every aspect of the text has been updated to the frontiers of current knowledge, with the clarity of explanation and illustration that only Dr Stahl can bring. Integrating much of the basic neuroscience into the clinical chapters, and with major additions in the areas of psychosis, antipsychotics, antidepressants, impulsivity, compulsivity and addiction, this is the single most readily readable source of information on disease and drug mechanisms. This remains the essential text for all students and professionals in mental health seeking to understand and utilize current therapeutics, and to anticipate the future for novel medications.

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**Stahl's Essential Psychopharmacology: Neuroscientific Basis and Practical Applications** By Stephen M. Stahl **Bibliography**

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"And this fourth edition has surpassed the previous editions in its ability to brilliantly educate readers on the neuropsychiatric basis of and treatments for mental disorders. The graphics and icons bring the text to life and make it especially relatable to clinical practice. If I were to buy only one book to teach me the neuropsychiatric foundations and treatment of psychiatric disorders, this would be it." Bradley R Cutler, MD  
Edward Hospital and Health Services, Naperville Used with permission of Doody's Review Service

#### **About the Author**

Stephen M. Stahl is Adjunct Professor of Psychiatry at the University of California, San Diego, USA and Honorary Visiting Senior Fellow in Psychiatry at the University of Cambridge, UK. He has conducted various research projects awarded by the National Institute of Mental Health, the Veterans Administration and the pharmaceutical industry. Author of more than 350 articles and chapters, Dr Stahl is the author of the bestsellers Stahl's Essential Psychopharmacology and The Prescriber's Guide.

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