



Mindgames: Phil Jackson's Long Strange Journey

By Roland Lazenby

Download now

Read Online ➔

Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby

Mindgames follows the journey of Phil Jackson to the top of basketball's coaching hierarchy, a rise that took him from obscurity in the Continental Basketball Association to nine championship rings in the NBA. Along the way he turned multimillionaire players on to meditation, transformed the Michael Jordan-led Chicago Bulls from a one-man show to a five-man team of domination, and after battling with Bulls management, ended one dynasty to start another on the West Coast.

Sportswriter Roland Lazenby, author of the bestselling *Blood on the Horns*, reveals the fascinating story of Jackson's life, from his years with the New York Knicks under the legendary Red Holzman to his remarkable nine championships coaching first the Chicago Bulls and then the Los Angeles Lakers.

In *Mindgames* Lazenby compellingly portrays a man with a unique determination to control the competitive environment he inhabits. A clear picture of the Jackson mystique emerges: philosopher, teacher, manipulator, counselor, psychologist, shaman, champion, master of mind games.

↓ [Download Mindgames: Phil Jackson's Long Strange Journe ...pdf](#)

📖 [Read Online Mindgames: Phil Jackson's Long Strange Jour ...pdf](#)

Mindgames: Phil Jackson's Long Strange Journey

By Roland Lazenby

Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby

Mindgames follows the journey of Phil Jackson to the top of basketball's coaching hierarchy, a rise that took him from obscurity in the Continental Basketball Association to nine championship rings in the NBA. Along the way he turned multimillionaire players on to meditation, transformed the Michael Jordan-led Chicago Bulls from a one-man show to a five-man team of domination, and after battling with Bulls management, ended one dynasty to start another on the West Coast.

Sportswriter Roland Lazenby, author of the bestselling *Blood on the Horns*, reveals the fascinating story of Jackson's life, from his years with the New York Knicks under the legendary Red Holzman to his remarkable nine championships coaching first the Chicago Bulls and then the Los Angeles Lakers.

In *Mindgames* Lazenby compellingly portrays a man with a unique determination to control the competitive environment he inhabits. A clear picture of the Jackson mystique emerges: philosopher, teacher, manipulator, counselor, psychologist, shaman, champion, master of mind games.

Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby Bibliography

- Sales Rank: #1550840 in Books
- Published on: 2007-04-01
- Original language: English
- Number of items: 1
- Dimensions: 9.02" h x .94" w x 5.98" l, 1.35 pounds
- Binding: Paperback
- 450 pages

 [Download Mindgames: Phil Jackson's Long Strange Journe ...pdf](#)

 [Read Online Mindgames: Phil Jackson's Long Strange Jour ...pdf](#)

Editorial Review

Amazon.com Review

Complex as he is colorful, Phil Jackson has led an improbable basketball life, marching to the tune of his own iconoclastic drummer and managing to win at every level along the way. He doesn't think like an average jock, nor does he approach his game like one: just ask Michael Jordan or Shaquille O'Neal, who've played better for him than for anyone else. Roland Lazenby couldn't have come up with a better title for his compelling exploration of what makes Jackson tick and how he evolved into one of the most successful and driven coaches in NBA history; for Jackson, the joy of his game is every bit as cerebral and psychological as it is physical. His aim, he says, is to help his players "strengthen the muscle of their minds."

Of course, Jackson--part shaman, part shrink, part mentor, part guide--has found some fascinating ways to strengthen his own, including LSD, meditation, Zen, Native American culture, William James's *Varieties of Religious Experience*, and the Grateful Dead. They are as much a part of Jackson's evolving core as pounding the offensive boards with the Knicks and warring with Bulls' management. If some of it seems contradictory, it is those very contradictions--more than the seven championship rings as a coach and two as a player--that make Jackson so interesting; they have helped him reshape and redefine the job. "Somehow," writes Lazenby, "Jackson has managed the very difficult feat of blending fun and discipline and spiritual exploration for his teams, sort of like combining a trip to the dentist with a carnival ride." No other coach has learned to walk that delicate balance so gracefully. But then, balance is Jackson's operating metaphor: keeping himself--and his teams--in balance while keeping opponents off theirs.

In *Mindgames*, Lazenby puts together a smart, solidly reported, and balanced portrait of a Zen master with a dark, driven side. He respects Jackson enough to not whitewash him. After all, innovators have a way of stepping on toes, and in basketball, the shoes, like the personalities, tend to be oversized. --Jeff Silverman

Review

"A must for any serious student of basketball."—Gary Dretzka, *Chicago Tribune*
(Gary Dretzka *Chicago Tribune*)

From the Inside Flap

Mindgames is the story of Phil Jackson's remarkable rise to the top of the NBA coaching hierarchy. In it, author Roland Lazenby reveals the fascinating elements of Jackson's life and mental approach to coaching that have made followers of his players but also have made him--perhaps not surprisingly--unpredictable and sometimes unpopular to outsiders. It is also a detailed basketball story, with entertaining accounts from Jackson's years with the New York Knicks under the legendary Red Holzman to the remarkable six championships as coach of the Chicago Bulls and now a seventh title with the Los Angeles Lakers.

Born into a Pentecostal family that kept its distance from the secular world, the young Jackson developed deep appreciation for Native American culture and spiritual beliefs, beliefs that would later influence his unorthodox coaching methods. His transformation from naive child to streetwise flower child happened in a matter of months; his immersion in the counterculture of the 1960s and his injury-plagued NBA career would determine the person--and coach--he would become.

Regarded as a pariah from his playing days, Jackson toiled anonymously as coach of the Continental Basketball Association's Albany Patroons before the Bulls hired him as an assistant coach in 1987 at the

unlikely age of forty-one. Assuming the head coaching duties after two seasons, he immediately separated himself from other NBA coaches by heaping pressure on opponents instead of his players. To lessen the anxiety of playing in the white-hot world of the NBA, he brought a thoughtful approach to performance--from meditation to mindfulness to yoga.

His success lies in his intensely psychological approach to building championship teams--maintaining authority without dictating to his players, building friendships with them without pandering to them, and earning their respect.

Jackson's approach is not for everyone. His battles with Bulls management spilled over into an ugly display in 1998 in the midst of their last championship run, and his relationships with a few NBA coaches have turned contentious. Yet even those who don't like him marvel at his mastery, at what he can do with a basketball team that no one else can.

In *Mindgames*, Lazenby compellingly portrays a man with a unique determination to control the competitive environment he inhabits. A clear picture of the Jackson mystique emerges: philosopher, teacher, manipulator, counselor, psychologist, shaman, champion, master of mind.

Users Review

From reader reviews:

Barbara Marburger:

Do you have favorite book? In case you have, what is your favorite's book? Book is very important thing for us to find out everything in the world. Each publication has different aim or even goal; it means that book has different type. Some people really feel enjoy to spend their time for you to read a book. They may be reading whatever they consider because their hobby is definitely reading a book. Why not the person who don't like reading a book? Sometime, man feel need book when they found difficult problem or perhaps exercise. Well, probably you should have this *Mindgames: Phil Jackson's Long Strange Journey*.

Danny Chamberland:

The book *Mindgames: Phil Jackson's Long Strange Journey* make you feel enjoy for your spare time. You should use to make your capable much more increase. Book can to become your best friend when you getting strain or having big problem along with your subject. If you can make reading a book *Mindgames: Phil Jackson's Long Strange Journey* to be your habit, you can get considerably more advantages, like add your current capable, increase your knowledge about some or all subjects. You are able to know everything if you like wide open and read a reserve *Mindgames: Phil Jackson's Long Strange Journey*. Kinds of book are several. It means that, science reserve or encyclopedia or other individuals. So , how do you think about this guide?

Jessica Ball:

Why? Because this *Mindgames: Phil Jackson's Long Strange Journey* is an unordinary book that the inside of the guide waiting for you to snap it but latter it will surprise you with the secret it inside. Reading this book next to it was fantastic author who have write the book in such remarkable way makes the content inside of

easier to understand, entertaining method but still convey the meaning entirely. So , it is good for you because of not hesitating having this anymore or you going to regret it. This phenomenal book will give you a lot of rewards than the other book have got such as help improving your skill and your critical thinking technique. So , still want to hold off having that book? If I ended up you I will go to the guide store hurriedly.

Michael Patterson:

Reading can called head hangout, why? Because when you find yourself reading a book especially book entitled Mindgames: Phil Jackson's Long Strange Journey the mind will drift away trough every dimension, wandering in each aspect that maybe unknown for but surely can become your mind friends. Imaging just about every word written in a publication then become one application form conclusion and explanation in which maybe you never get just before. The Mindgames: Phil Jackson's Long Strange Journey giving you yet another experience more than blown away your head but also giving you useful facts for your better life within this era. So now let us present to you the relaxing pattern at this point is your body and mind are going to be pleased when you are finished reading through it, like winning a casino game. Do you want to try this extraordinary shelling out spare time activity?

Download and Read Online Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby #UZSGXD0AJHI

Read Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby for online ebook

Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby books to read online.

Online Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby ebook PDF download

Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby Doc

Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby Mobipocket

Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby EPub

UZSGXD0AJHI: Mindgames: Phil Jackson's Long Strange Journey By Roland Lazenby