



Skills for Living: Group Counseling Activities for Young Adolescents

By Rosemarie Smead Morganett

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Provides nuts-and-bolts techniques and specific do's and don'ts for leading skill-building counseling groups with young adolescents who need help developing prosocial and coping skills. Part One provides clear guidelines for designing, organizing, conducting, and evaluating multi-session counseling groups. Part Two provides counseling agendas and step-by-step procedures for conducting groups on eight different topic areas. Appendices contain needs assessment forms, pretests and posttests for each topic area, sample consent forms, and much more.

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Editorial Review

About the Author

Dr Rosemarie Smead , Ph.D., is Distinguished Teaching and Service Professor at Indiana University Southeast in New Albany, USA. Dr. Smead is an accomplished teacher and training consultant, with over 30 years experience working with children and adolescents in school, mental health, and family therapy settings. She has presented workshops and seminars both nationally and internationally. Dr. Smead is past president and fellow of the Association for Specialists in Group Work. She has received state, ASGW, and university awards for her distinguished teaching and service to the profession.

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