



Counseling the Culturally Diverse: Theory and Practice

By Derald Wing Sue, David Sue

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The most frequently cited, widely used, and critically acclaimed text on multicultural counseling

In addition to significant revisions and updates reflecting changes in the field, *Counseling the Culturally Diverse: Theory and Practice, Sixth Edition* features new chapters on:

- Multicultural counseling competence for minority mental health professionals
- Multicultural evidence-based practice
- Culturally competent assessment
- Poverty and counseling

Filled with numerous examples, authentic vignettes, and practical case studies, *Counseling the Culturally Diverse, Sixth Edition* remains the best source of real-world multicultural counseling preparation for students and an influential guide for professionals.

"This edition adds the latest hot-button issues in the multicultural world Everything you ever wanted to know about multicultural counseling is included in this edition. It continues to be the standard for any mental health professional treating persons from racial/ethnic minority populations It is authoritative, illuminating, and clinically compelling."

—**Melba Vasquez, PhD, ABPP**, Past President, of the American Psychological Association; independent practice, Austin, Texas

"*Counseling the Culturally Diverse, Sixth Edition* is a phenomenal piece of work that is comprehensive in scope, penetrating in its insights, and pragmatic in the way it teaches the reader how to navigate the pathways of culture."

—**Thomas A. Parham, PhD**, Vice Chancellor, Student Affairs, University of California, Irvine Distinguished Psychologist, Association of Black Psychologists

"*Counseling the Culturally Diverse* continues its tradition of defining the field

and charting a proactive course for training a new decade of counselors and therapists for culturally competent practice in our increasingly culturally diverse and globally interconnected society. If only one book was to be read in an entire master's or doctoral program in counseling or psychology, it should be *Counseling the Culturally Diverse*."

—**Joseph G. Ponterotto, PhD**, Professor, Fordham University, and practicing multicultural psychologist

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Editorial Review

Review

Praise for *Counseling the Culturally Diverse*, Sixth Edition

"Derald Sue and David Sue have achieved new heights with this most recent edition of their classic text, and they do not disappoint. Paralleling the evolving nature of multiculturalism itself, the book addresses the latest topics critical to the field, and generously expands the rest. The reader is given an opportunity to personally reflect, analyze, and apply material at every turn. Readers will find that this text more than lives up to its great expectations."

—**Beth A. Durodoye**, Ed.D., Professor of Counseling, University of Texas at San Antonio

"With its most recent updates and revisions, *Counseling the Culturally Diverse* remains as relevant today as its first edition. Sue and Sue have continued to maintain the integrity of the content and continue to expand and include progressing perspectives within the multicultural and social justice literature. Their inclusion of the most up-to-date topical areas in the field, with personal narratives and examples, makes this edition a "comprehensive guide" that provides critical foundational materials, with real world examples and practical ideas for implementation in the counseling and psychotherapy contexts. I have no doubt this 6th edition will remain the most utilized book in classroom settings across the country."

—**Miguel E. Gallardo**, Psy.D., Associate Professor of Psychology, Graduate School of Education and Psychology Pepperdine University

"Sue and Sue, through their text, have found a substantive way to encourage a meaningful dialogue about the role of culture and experience in the counseling process. Their treatment of the contextual uniqueness that clients bring to the counseling relationship will undoubtedly serve to help counseling students and practicing counselors alike to find their sense of self throughout their 'professional journey'."

—**Thomas J. Hernandez**, Ed.D., LMHC Associate Professor and Chair, Department of Counselor Education, The College at Brockport

"Dr. Derald Wing Sue has done it again! This latest installment in the *Counseling the Culturally Diverse* series is a phenomenal piece of work that is comprehensive in scope, penetrating in its insights, and pragmatic in the way it teaches the reader how to navigate the pathways of culture our discipline and profession struggle so profoundly with. The journey toward developing multicultural understanding and competence is one of the most significant challenges in a professional psychologist and counselor's life. Indeed, the landscape of progress towards a more culturally competent and socially just profession is dotted with stones of stagnation, the rocks of resignation, and the dust of denial about the elements of psychological and counseling instruction and practice that are necessary to master in one's professional growth and development. This text is as good a roadmap as there is in the profession and those who make the choice to not just read the pages of each chapter, but also understand and embrace the principles and practices that are outlined within, will find their journey toward multicultural understanding and competence much more rewarding, enriching, and fulfilling. This book is simply an awesome resource, and I am honored and proud to endorse it!"

—**Thomas A. Parham**, Ph.D., Vice Chancellor Student Affairs, University of California Irvine;
Distinguished Psychologist, Association of Black Psychologists

"This expanded and significantly revised 6th edition of the multicultural counseling field's one true classic

text, *Counseling the Culturally Diverse*, continues its tradition of defining the field and charting a proactive course for training a new decade of counselors and therapists for culturally competent practice in our increasingly culturally diverse and globally interconnected society. Topical coverage is state-of-the-art, comprehensive, and in-depth, and the writing throughout the entire text is crisp, clear, and engaging. If only one book was to be read in an entire master's or doctoral program in counseling or psychology, it should be *Counseling the Culturally Diverse*."

—**Joseph G. Ponterotto**, Ph.D., Professor and Practicing Multicultural Psychologist Fordham University
Co-Editor or Co-Author of *Handbook of Multicultural Counseling*, *Handbook of Multicultural Assessment*,
Handbook of Racial/Ethnic Minority Counseling Research

About the Author

DERALD WING SUE, PhD, is a Professor of Psychology and Education in the Department of Counseling and Clinical Psychology at Teachers College, Columbia University, where he also holds a joint appointment with the School of Social Work. He is one of the most cited multicultural scholars in the United States.

DAVID SUE, PhD, is Professor Emeritus of Psychology and an associate at the Center for Cross-Cultural Research at Western Washington University in Bellingham, Washington.

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Carolyn Cook:

In this particular era which is the greater particular person or who has ability to do something more are more precious than other. Do you want to become one among it? It is just simple method to have that. What you must do is just spending your time almost no but quite enough to get a look at some books. One of the books in the top record in your reading list is Counseling the Culturally Diverse: Theory and Practice. This book that is certainly qualified as The Hungry Mountains can get you closer in becoming precious person. By looking upwards and review this reserve you can get many advantages.

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