



Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists

By Christy Cael

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With the use of dynamic visuals and kinesthetic exercises, Functional Anatomy helps readers to explore and understand the body's structures, regions, layer of the body, from bones to ligaments to superficial and deep muscles. Muscle profiles indicate origin, insertion, and innervation points while step-by-step instructions teach effective bone and muscle palpation.

Readers will also learn how structures help the body move through joint motion, and passive and resisted range of motion techniques. Each region ends with the culmination of structure and function to illustrate how they function together to achieve motion of daily activities as well as the movement involved in sports.

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Editorial Review

Review

-- It does a good job of focusing on several topic areas that are important to manual therapists and other students of movement and function. The inclusion of various concepts of motion are not often found in massage therapy textbooks. Also it pairs a classical explanation of what muscles do with excellent explanations of surface anatomy, strength testing and discusses roles of the muscle beyond its action, such as its role in stabilization etc. All throughout, the text is supported by clear helpful photographs illustrated to show the movement more clearly. -- The tables are very good for detail oriented visual learners. Putting it into motion and Try This are great for the kinesthetic learner. -- The "Putting it into motion" section does a great job of addressing kinesthetic learners

Users Review

From reader reviews:

Sheila Cyr:

Do you have favorite book? When you have, what is your favorite's book? Reserve is very important thing for us to know everything in the world. Each guide has different aim or maybe goal; it means that guide has different type. Some people really feel enjoy to spend their the perfect time to read a book. They are really reading whatever they take because their hobby is usually reading a book. What about the person who don't like examining a book? Sometime, man feel need book whenever they found difficult problem or maybe exercise. Well, probably you should have this Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists.

Jill Goulet:

The feeling that you get from Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists will be the more deep you looking the information that hide into the words the more you get serious about reading it. It doesn't mean that this book is hard to recognise but Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists giving you joy feeling of reading. The writer conveys their point in particular way that can be understood through anyone who read the item because the author of this e-book is well-known enough. This particular book also makes your current vocabulary increase well. It is therefore easy to understand then can go along, both in printed or e-book style are available. We suggest you for having this kind of Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists instantly.

Ronda Tollison:

This Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists is great publication for you because the content that is full of information for you who all always deal with world and still have to make decision every minute. This particular book reveal it info accurately using great

arrange word or we can declare no rambling sentences in it. So if you are read that hurriedly you can have whole info in it. Doesn't mean it only offers you straight forward sentences but hard core information with attractive delivering sentences. Having Functional Anatomy: Musculoskeletal Anatomy, Kinesiology, and Palpation for Manual Therapists in your hand like getting the world in your arm, data in it is not ridiculous a single. We can say that no guide that offer you world in ten or fifteen small right but this publication already do that. So , this is good reading book. Hey there Mr. and Mrs. occupied do you still doubt which?

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