



Spontaneous Evolution: Our Positive Future (and a Way to Get There from Here)

By Bruce Lipton

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We've all heard stories of people who've experienced seemingly miraculous recoveries from illness, but can the same thing happen for our world? According to pioneering biologist Bruce H. Lipton, it's not only possible, it's already occurring. In *Spontaneous Evolution*, this world-renowned expert in the emerging science of epigenetics reveals how our changing understanding of biology will help us navigate this turbulent period in our planet's history and how each of us can participate in this global shift. In collaboration with political philosopher Steve Bhaerman, Dr. Lipton invites readers to reconsider the "unquestionable" pillars of biology, including random evolution, survival of the fittest, and the role of DNA; the relationship between mind and matter; how our beliefs about nature and human nature shape our politics, culture, and individual lives; and how each of us can become planetary "stem cells" supporting the health and growth of our world. By questioning the old beliefs that got us to where we are today and keep us stuck in the status quo, we can trigger the spontaneous evolution of our species that will usher in a brighter future.

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Editorial Review

Review

“This is the life-map we’ve all been waiting for! In *Spontaneous Evolution*, **Bruce Lipton** and **Steve Bhaerman** cast a holistic new light, on an emerging new civilization. With just the right blend of spiritual humor and rock-solid-science, the authors lead us beyond collapsing economies and religious extremes to show us that such chaos is a natural step in an unfolding process, rather than the tragic end to a broken planet. Once we recognize the big picture, the choices to a better life and a better world become obvious. The guiding role of spontaneous evolution is where our teachings of life, history, and civilization should begin. I love this book!”

— **Gregg Braden**, New York Times best-selling author of *The Divine Matrix* and *Fractal Time*

“*Spontaneous Evolution* is a world-changing book that offers a heartening view of humanity’s destiny. Built on the foundation of the latest discoveries in science, it points us in the direction of functional politics, sustainable economics, and individual responsibility in the context of an interdependent community.”

— **Thom Hartmann**, author of *The Last Hours of Ancient Sunlight*

“This wise and thoughtful book is a powerful antidote for anyone who is pessimistic and depressed about our future and the challenges we face as humans.”

— **Larry Dossey, M.D.**, author of *The Power of Premonitions: How Knowing The Future Can Shape Our Lives*

About the Author

Bruce H. Lipton, Ph.D. is an internationally recognized authority in bridging science and spirit and a leading voice in new biology. A cell biologist by training, he taught at the University of Wisconsin’s School of Medicine, and later performed pioneering studies at Stanford University. Author of *The Biology of Belief*, he has been a guest speaker on hundreds of TV and radio shows, as well as keynote presenter for national and international conferences.

Steve Bhaerman is an author, humorist, and political and cultural commentator, who’s been writing and performing enlightening comedy as Swami Beyondananda for over 20 years. A pioneer in alternative education and holistic publications, Steve is active in transpartisan politics and the practical application of Spontaneous Evolution.

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