



## Green Beauty Recipes: Easy Homemade Recipes to Make Your Own Natural and Organic Skincare, Hair Care, and Body Care Products

*By Julie Gabriel*

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### **Green Beauty Recipes: Easy Homemade Recipes to Make Your Own Natural and Organic Skincare, Hair Care, and Body Care Products** By Julie Gabriel

Learn how to make your own beauty products at home using only natural ingredients. After reading this book, you will be able to create your own creams, lotions, cleansers, toners, masks, hair treatments, sun protection and baby care products.

Discover which vegetable oils, herbs, floral waters, essential oils, plant-based emulsifiers, and natural preservatives to use, how to pack and label your own beauty products, and how to store them safely. Facial cleansers, moisturizers, anti aging serums, sun protection creams, hair treatments, and even perfumes and deodorants can be prepared easily at home using only natural, easily available ingredients.

This book contains more than 200 recipes and step-by-step techniques used by the author, holistic nutritionist Julie Gabriel (THE GREEN BEAUTY GUIDE) to create her own organic skincare line, Petite Marie Organics ([petitemarieorganics.com](http://petitemarieorganics.com))

Practical, straightforward, and fun, these recipes are equally suitable for green beauty enthusiasts as well as professional beauty practitioners.

You can pamper yourself head to toe with luxurious hair masks, deep cleansing home facials, aromatic massage oils, nourishing body lotions, and age-reversing moisturizers in the most natural, luxuriously green way!

Here is what our reviewers say:

"Green Beauty Recipes" is a timely book since many of us are "going green." We no longer want to use harmful chemicals or accept using animals for testing products. Using products that can be found in our own home, with the addition of

essential oils or natural preservatives, will not only nourish our body, but help keep our planet clean. I commend Julie Gabriel on making this book available to us and I encourage everyone to consider having "Green Beauty."

--Irene Watson, Reader Views

Green Beauty Recipes is the second book by author Julie Gabriel. An extension of her first book, The Green Beauty Guide, Green Beauty Recipes is an indispensable collection of not only recipes, but also instructions, explanations and helpful hints for creating your own collection of skin care, hair care and body care products. Julie gives everyone the confidence to get in the kitchen and create their own beauty! Perfect as a gift for just about any woman.

We love this book and read every word cover to cover. How we wish it had images of some of the finished recipes, however. It's fun to create products and get that feeling of accomplishment that goes along with it. It's a book that won't hide on our bookshelf because we'll be too busy finding recipes that work best with our skin. It has a top spot on our holiday gift list this year.

--Jen Adkins, About.com: Skincare

Current 2015 edition is an updated and slightly revised version of the 2010 book.

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### **Editorial Review**

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##### **Jodi Dunn:**

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**John Smith:**

As a student exactly feel bored in order to reading. If their teacher questioned them to go to the library or make summary for some publication, they are complained. Just little students that has reading's internal or real their leisure activity. They just do what the teacher want, like asked to go to the library. They go to presently there but nothing reading really. Any students feel that examining is not important, boring as well as can't see colorful pictures on there. Yeah, it is to get complicated. Book is very important in your case. As we know that on this era, many ways to get whatever you want. Likewise word says, many ways to reach Chinese's country. So , this Green Beauty Recipes: Easy Homemade Recipes to Make Your Own Natural and Organic Skincare, Hair Care, and Body Care Products can make you sense more interested to read.

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