



# Principles of Transgender Medicine and Surgery (Human Sexuality (Hardcover))

*From Routledge*

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## **Principles of Transgender Medicine and Surgery (Human Sexuality (Hardcover))** From Routledge

A comprehensive and important text for health care professionals

Gender variance is widely misunderstood, and few medical texts examine the social, legal, emotional, historical, biological, and economic issues involved. *Principles of Transgender Medicine and Surgery* provides medical and health care guidelines and comprehensive information on all aspects of treatment of gender diverse individuals. This one-of-a-kind resource examines a full range of relevant data important to health care professionals. Each chapter addresses a different aspect of care, written by an authority on that sub-specialty. This practical guide instructs both novices and experienced practitioners on the state-of-the-art treatments and knowledge.

*Principles of Transgender Medicine and Surgery* presents the foremost international specialists on the issues, offering their expert knowledge on the wide spectrum of issues encountered by gender diverse individuals. In this handy text, professionals of all types can get important information about various aspects of transgender health care. This essential text is extensively referenced, and includes numerous photos, tables, and figures to clearly illustrate information.

Topics in *Principles of Transgender Medicine and Surgery* include:

- etiology
- primary medical care
- evidence-based preventive care
- hormone treatment of adults and juvenile transsexual patients
- general principles of surgical therapy
- reassignment surgery
- mental health issues
- developmental stages of the coming out process
- reproduction issues
- fertility issues
- karyotyping and genetics

- intersex individuals
- gender identity disorders
- aging and the care of elderly transgender patients

Principles of Transgender Medicine and Surgery is an essential guide for health care professionals, educators, students, patients, and patients' families.

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### Editorial Review

#### Review

*"A highly technical resource written especially for medical professionals in the field, Principles of Transgender Medicine and Surgery lives up to its title and is an absolute "must-have" for anyone in the practice."* - **James A. Cox**, Editor-in-Chief in The Midwest Book Review

#### About the Author

Randi Ettner, PhD, is a clinical and forensic psychologist. She attended Northwestern, Indiana, Harvard, and Roosevelt Universities, and Moray College in Scotland; received the Indiana University Outstanding Psychology Student award; and is a member of Phi Beta Kappa. She holds Diplomate status in clinical evaluation and trauma. Dr. Ettner has written two books and numerous articles on transgenderism, and an internationally syndicated column on women's health issues. Dr. Ettner's work with the transgender community began at Cook County Hospital in Chicago, Illinois, in 1977, while she was still a student. She is the founder of New Health Foundation Worldwide, an organization that assists transgendered persons. She has appeared on hundreds of television and radio programs as an advocate for the transgender community. Presently, Dr. Ettner is chief psychologist of the Chicago Gender Team, holds Diplomate and Fellow status, and serves on the Board of Directors of the World Professional Association for Transgender Health (WPATH previously HBGDA).

Stan Monstrey, MD, PhD, is Professor in Plastic Surgery and Head of the Department at the Gent University Hospital in Belgium. Since 1990 he has been involved in the surgical treatment of transsexualism as a member of the gender team at the Gent University Hospital. Sex reassignment surgery, in both male-to-female and female-to-male transsexuals, is performed on a weekly basis. Emphasis is placed on close multidisciplinary cooperation, a continuous search to improve aesthetic and functional results, and new phalloplasty techniques. The Gent University Gender Team is also active in social and political issues related to transsexualism in Belgium. In 2003 he organized the biennial HBGDA meeting in Gent, and from 2005 to 2007 he was president of the Harry Benjamin International Gender Dysphoria Association (HBGDA), now the World Professional Association of Transgender Health (WPATH).

A. Evan Eyler, MD, MPH, FAAFP, is an Associate Professor of Family Medicine and Psychiatry at the University of Vermont College of Medicine in Burlington, Vermont, and a Fellow of the American Academy of Family Physicians. Dr. Eyler is a Diplomate of the American Board of Psychiatry and Neurology and the American Board of Family Medicine with Certificate of Added Qualifications in Adolescent Medicine, a Fellow of the American Academy of Family Physicians, and a recipient of the Walter H. Kemp Award of that organization. Dr. Eyler has been active in transgender medical care for many years, and served as Director of Primary Care Services of the University of Michigan Comprehensive Gender Services Program from 1995 to 2000. Dr. Eyler has authored numerous scholarly articles and chapters in textbooks of family medicine and primary care psychiatry, principally with regard to human life cycle transitions.

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