



A Brief Orientation to Counseling: Professional Identity, History, and Standards

By Edward S. Neukrug

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A BRIEF ORIENTATION TO COUNSELING provides students with the unique knowledge and skills needed as they begin their journey toward building an identity as a professional counselor. In a concise format, Neukrug addresses the 13 aspects of Professional Orientation and Ethical Practice outlined in the 2016 CACREP Standards, which will form the foundation for students' success in their work. Along the way, he provides real-world advice, vignettes to reflect upon, experiential activities, and case studies that will help students prepare for a career in the helping professions.

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Review

"This text is easy to read, includes personal stories/examples, and is set up to assist the professor when disseminating information to students. It is thorough in its material, but not overwhelming for students to have to read."

"This text is a great for an Introduction to Counseling course. It covers all the main standards set forth by CACREP and provides a wonderful overview of the profession."

About the Author

Edward S. Neukrug is the former Chair of the Department of Educational Leadership and Counseling and currently Professor of Counseling and Human Services at Old Dominion University, Dr. Edward S. Neukrug has taught counselor education and human services for over thirty years. In addition, he has worked as a substance abuse counselor, a counselor at a crisis center, an outpatient therapist at a mental health center, an associate school psychologist, a school counselor, and as a private practice psychologist and licensed professional counselor. Dr. Neukrug has written dozens of articles and chapters in books, has authored eight books, and was the editor of THE SAGE ENCYCLOPEDIA OF THEORY IN COUNSELING AND PSYCHOTHERAPY. Books he has written include: EXPERIENCING THE WORLD OF THE COUNSELOR: A WORKBOOK FOR COUNSELOR EDUCATORS AND STUDENTS (4th Edition); COUNSELING THEORY AND PRACTICE; SKILLS AND TECHNIQUES FOR HUMAN SERVICE PROFESSIONALS; and ESSENTIALS OF TESTING AND ASSESSMENT FOR COUNSELORS, SOCIAL WORKERS, AND PSYCHOLOGISTS (3rd Edition). He has also developed DVDs that demonstrate counseling skills and techniques, an interactive website where users can "meet" major theorists of counseling and psychotherapy and learn more about them and their theories (www.odu.edu/~enekrug), and an interactive survey where one can identify his or her view of human nature (<http://www2.odu.edu/~enekrug/therapists/survey.html>).

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