



Pranic Healing

By Choa Kok Sui

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Pranic Healing By Choa Kok Sui

This is a complete book about using universal prana to heal yourself and others. Pranic Healing presents a unique holistic approach used to treat a variety of ailments, from fever to heart conditions to cancer. By tapping into pranic or "ki" (chi) energy-the universal force which is our life force-the author presents techniques for beginning, intermediate and advanced healing. He works with eleven-not seven-major chakras, as well as minor chakras located in the feet, hands, throat and jaw, and teaches us how to use their energy correctly. In the advanced stages, he presents healing with color prana and explains the specific properties of each color and how it is used in the healing process. Also included:: scanning the aura to diagnose disease; how to clean the aura of diseased bioplasmic matter; a cook-book of numerous treatments for simple to serious ailments; techniques for self-healing; techniques for distant healing; the Meditation on the Two Hearts, a universal form of meditation for higher consciousness, is explained and used in the healing process; sixteen pages in full color illustrating the eleven chakras, their color properties, and auras. Pranic Healing is a significant contribution to the field of alternative and holistic healing. A must for those interested in healing themselves and others.

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