



The a to Z of Men's Health

By Glenn S. Rothfeld, Deborah S. Romaine

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Many of the major health risks that men face can be prevented and treated if they are diagnosed early. An important book for people of all ages, The A to Z of Men's Health offers a complete overview of the medical, scientific, social, and lifestyle issues associated with this topic. Organized in a concise, authoritative encyclopedic format, this invaluable resource provides more than 600 entries on issues related to men's physical and mental health and well-being. It covers physiology, life span, diseases and conditions (including treatment protocols, procedures, and surgeries), genetics, medications, vitamins and supplements, psychology, sports medicine, sexual health, relationships with female partners, men's fertility, fatherhood, and more. Allopathic, complementary, and integrative approaches to men's health are discussed throughout. An extensive bibliography, a directory of leading men's health research centers and organizations, and a glossary of key terms round out this comprehensive reference. Many of the major health risks that men face can be prevented and treated if they are diagnosed early. An important book for people of all ages. The A to Z of Men's Health offers a complete overview of the medical, scientific, social, and lifestyle issues associated with this topic. Organized in a concise, authoritative encyclopedic format, this invaluable resource provides more than 600 entries on issues related to men's physical and mental health and well-being. It covers physiology, life span, diseases and conditions (including treatment protocols, procedures, and surgeries), genetics, medications, vitamins and supplements, psychology, sports medicine, sexual health, relationships with female partners, men's fertility, fatherhood, and more. Allopathic, complementary, and integrative approaches to men's health are discussed throughout. An extensive bibliography, a directory of leading men's health research centers and organizations, and a glossary of key terms round out this comprehensive reference.

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Editorial Review

About the Author

Glenn S. Rothfeld, M.D., M.Ac., has been at the forefront of the integrative medicine movement for the past 25 years. A former clinical fellow of Harvard University School of Medicine's Channing Laboratory, he is currently a clinical assistant professor of family medicine at Tufts University School of Medicine, where he developed one of the nation's first courses on alternative medicine. Trained in acupuncture, Rothfeld is a frequent lecturer who has written seven other books. He currently serves as medical director of an integrative medical center in Arlington, MA. Deborah S. Romaine is the author, coauthor, or contributor to more than 15 books on health and

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