



Health Promotion and Disease Prevention in Clinical Practice (Health Promotion & Disease Prevention in Clin Practice)

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Incorporating the latest guidelines from major organizations, including the U.S. Preventive Services Task Force, this book offers the clinician a complete overview of how to help patients adopt healthy behaviors and to deliver recommended screening tests and immunizations. Chapters provide practical guidance on how to counsel patients about exercise, nutrition, tobacco use, substance use, sexually transmitted infections, and depression. Written by clinicians for clinicians, the book lays out the details on gathering information from the patient, ordering evidence-based screening tests, designing a personalized health maintenance plan, facilitating behavior change, and the work-up of abnormal results from screening tests. It also explains how to organize the practice and clinic to deliver quality preventive care and to obtain reimbursement.

This new edition includes updated chapters on practice redesign, the use of electronic medical records, and reimbursement; updated patient resource materials and instructions; and new authors with deep expertise on the topics. Plus, with this second edition there is a companion Website (www.healthpromodisprev.com) that features fully searchable text online so you'll have a fast, flexible multimedia library at your service.

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