



Passionate Vegetarian

By Crescent Dragonwagon

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Passionate Vegetarian By Crescent Dragonwagon

Introducing a new voice in vegetarian cooking. Packed with 1,000 recipes that are seductive, sexy, and utterly delicious, *Passionate Vegetarian* covers all the bases of meatless cooking, from east (Stir Fry of Asparagus with Black Bean-Ginger Sauce), west (Talk of the Town Barbecued Tofu), from the Mediterranean (Swiss Chard with Raisins, Onions & Olives) to the American South (Black-Eyed Pea Ragout). You'll find lush lasagnas; plump pierogies; bountiful burgers, beans, and breads; pleasing pasta and pies. You'll spoon up soups and stews, and delight in desserts from simple to swoonworthy.

Written by longtime vegetarian Crescent Dragonwagon, author of *Dairy Hollow House Soup & Bread Cookbook*, *Passionate Vegetarian* employs innovative methods (try "Ri-sort-ofs," in which risotto technique is used to create splendid, richly flavored grain dishes built around not just rice but also barley, buckwheat, spelt, and even toasted oats with an array of seasonings) and introduces lesser-known ingredients (get to know and love not just tofu and tempeh but a whole new generation of soyfoods, as well as "Quick Fixes" like instant bean flakes). Opinionated, passionate, and deeply personal, Ms. Dragonwagon's tantalizing headnotes will have readers rushing to the kitchen to start cooking. (Can her over-the-top Garlic Spaghetti really be that good? It is.)

Whether you're a committed vegetarian, a dedicated vegan (most recipes offer low-fat and vegan options), or a food-loving omnivore in search of something new and wonderful, this is not just vegetarian cooking--but cooking, period--at its most creative, inspiring, and exuberant.

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Passionate Vegetarian By Crescent Dragonwagon Bibliography

- Sales Rank: #438624 in Books
- Published on: 2002-10-14
- Original language: English
- Number of items: 1
- Dimensions: 9.25" h x 2.25" w x 8.00" l, 4.30 pounds
- Binding: Paperback
- 1120 pages

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Editorial Review

Amazon.com Review

Crescent Dragonwagon shares a wealth of recipes and memories with humor and intelligence in her extraordinary *Passionate Vegetarian*. She promises that "here you will be well fed, well loved, well tended to, satisfied," and 1,000-plus recipes later, that's exactly what's delivered.

For 18 years Dragonwagon owned and ran a country inn, where she fed glorious food to everyone including vegetarians, diabetics, the lactose intolerant, and people with food allergies. But the real draw here is that this is vegetarian cooking for everyday living. Ingredient lists are always reasonable and understandable; you won't have to search high and low for something esoteric that'll make or break a recipe. This is comfort food that's easy to prepare, and that deprives you of nothing. If you're not a full-time vegetarian, this is the biggest book of potential starters and side dishes you'll ever see.

Dragonwagon's "swoon-worthy, knock-your-socks-off, delicious food" includes hors d'oeuvres; salads; soups; stews; layered dishes; dishes that star grains, beans, or soy; recipes for every vegetable imaginable; burgers and patties; quick dishes; and desserts. From the simple Melissa's Spinach Casserole and Susie Pryor's beautifully impressive "Perfectly Delicious" Stuffed Acorn Squash to the vibrant Stir-Fry of Asparagus with Black Bean-Ginger Sauce and Mr. Panseer's North-Indian-Style Spinach, Dragonwagon offers flavors and cooking techniques from all over the world--everything from old favorites to new twists. With notes on "cooking, eating, loving and living fearlessly," there's a lot to learn here, and it's not just about vegetables. --*Leora Y. Bloom*

From Library Journal

For many years, Dragonwagon and her husband ran an inn in the Ozarks of Arkansas, and two previous cookbooks, *The Dairy Hollow House Cookbook* and *Dairy Hollow House Soups and Breads: A Country Inn Cookbook*, grew out of that experience. Despite having been a vegetarian for decades, Dragonwagon did not feature vegetarian fare at the inn or in her earlier books. This big, exuberant book marks her foray into the cooking closest to her heart, with more than 1000 recipes, from "Welcoming Hors d'Oeuvres" to "Just Desserts." Dragonwagon is indeed a passionate vegetarian, and adjectives like sensual and voluptuous appear in many of her recipe notes. Her food is boldly seasoned and draws from a variety of cuisines. In addition to the recipes, she includes hundreds of boxes and sidebars on ingredients and myriad other subjects; the vegetable chapter, for example, features an A-Z guide to her favorites. There is also a chapter called "Quick Fix," with recipes and suggestions for no-fuss meals. Many of the other recipes offer suggestions for easy variations. Deborah Madison's huge *Vegetarian Cooking for Everyone* came first, and it and Dragonwagon's book cover similar ground by virtue of having the same topic, but there is little overlap in terms of recipes. With vegetarian cooking more popular than ever, most libraries will want *Passionate Vegetarian*, too. Highly recommended.

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Review

"A complete and all-purpose vegetarian cookbook for any time of year." -- *Cincinnati Enquirer*

"Don't limit this cookbook just to vegetarians on your list; it deserves a place in every kitchen. -- *The Christian Science Monitor*

"How often do you come across a cookbook, vegetarian or otherwise, where every page has something worth

exploring." -- *Seattle Times*

"If there is one book that will encourage you to stay home and cook this winter, it is *Passionate Vegetarian*."
-- *Newsday*

Users Review

From reader reviews:

Jay Blanchard:

This *Passionate Vegetarian* book is not ordinary book, you have it then the world is in your hands. The benefit you will get by reading this book is actually information inside this publication incredible fresh, you will get info which is getting deeper anyone read a lot of information you will get. This specific *Passionate Vegetarian* without we comprehend teach the one who examining it become critical in pondering and analyzing. Don't always be worry *Passionate Vegetarian* can bring any time you are and not make your case space or bookshelves' grow to be full because you can have it in your lovely laptop even cell phone. This *Passionate Vegetarian* having great arrangement in word as well as layout, so you will not really feel uninterested in reading.

Julie Bell:

Information is provisions for people to get better life, information nowadays can get by anyone at everywhere. The information can be a expertise or any news even a concern. What people must be consider any time those information which is from the former life are challenging to be find than now could be taking seriously which one is appropriate to believe or which one often the resource are convinced. If you receive the unstable resource then you understand it as your main information it will have huge disadvantage for you. All those possibilities will not happen inside you if you take *Passionate Vegetarian* as your daily resource information.

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Laura Dupont:

Is it an individual who having spare time after that spend it whole day by simply watching television programs or just lying on the bed? Do you need something totally new? This *Passionate Vegetarian* can be the solution, oh how comes? A fresh book you know. You are so out of date, spending your spare time by

reading in this brand-new era is common not a geek activity. So what these guides have than the others?

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