



The Cost of Racism for People of Color: Contextualizing Experiences of Discrimination (Division) (Cultural, Racial, and Ethnic Psychology)

By Edited by Alvin N. Alvarez, Christopher T.H. Liang, Helen A. Neville

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In this book, leading scholars examine the felt experience of being the target of racism, with a focus on mental and physical health as the result of particular racist encounters as well as across the lifespan in addition to group contexts such as education and the workforce. Authors examine the subtle but persistent links between everyday microaggressions and historical racial trauma, and offer practical tools to assess and measure perceived racial discrimination. They describe compelling new interventions for individuals and communities, and offer social policy prescriptions to promote healing and help dismantle institutional discrimination. With its skillful synthesis of voices and approaches, this work should appeal to a broad range of scholars and practitioners in clinical psychology, as well as ethnic studies, sociology, and public and allied health.

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Editorial Review

Review

Although the volume targets experts in subfields of psychology, the content and perspectives are important for anyone studying the cost of racism for people of color. --**Choice**

Virtually all scholars should find this book interested and helpful, especially those in ethnic studies, public health, and sociology. The authors have brought together an astoundingly diverse set of contributors from various educational and ethnic backgrounds, which gives the book a broader audience not only in terms of methodology but also in terms of relevant racial groups. --**PsycCRITIQUES**

About the Author

Alvin Alvarez, PhD, is dean of the College of Health and Social Sciences and professor of counseling at San Francisco State University. He completed his undergraduate at the University of California Irvine in biological sciences and psychology and received his doctorate in counseling psychology from the University of Maryland.

Christopher T. H. Liang, PhD, is an associate professor of counseling psychology at Lehigh University. He is a former president of the Society for the Psychological Study of Men and Masculinity (Division 51) of the American Psychological Association.

Helen A. Neville, PhD, is a professor of educational psychology and African American Studies at the University of Illinois at Urbana Champaign. She is a past associate editor of *The Counseling Psychologist* and the *Journal of Black Psychology*. Her research on race, racism, and color-blind racial ideology has appeared in a wide range of peer-reviewed journals.

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