



The Labor Progress Handbook: Early Interventions to Prevent and Treat Dystocia

By Penny Simkin, Ruth Ancheta

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Dystocia or failure to progress in labor is the main reason for cesarean deliveries. The second edition of this successful text focuses on simple non-invasive interventions to prevent or treat difficult labor. It describes positions, movements and techniques based on principles of anatomy, physiology and psychology of childbirth.

The Labor Progress Handbook is organized by stage of labor for easy reference, enabling the care giver to quickly identify appropriate low cost, low risk interventions and treat dystocia effectively, at an early stage before it becomes severe. The new edition has been thoroughly revised and updated and includes a new chapter on assessing progress in labor, together with new sections on managing labor pain, normal labor and additional positions and maneuvers. The rationale for all techniques is included based on the authors' clinical experience and wherever possible on the underlying evidence base.

- * New edition of essential resource for anyone caring for women in labor
- * Brings Together a wealth of evidence-based information and clinical expertise
- * 'Focuses on non-invasive techniques to assist the progress of labor
- * Emphasis on maternal comfort, support and safety
- * Encourages thoughtful, evidence-based diagnosis and intervention
- * Contains clear and simple illustrations, which complement the text

From Reviews:

'The focus of support, position, maternal comfort, and safety is one that should be used by anyone caring for laboring women. It encourages thoughtful diagnosis and intervention in an ordered and sensible manner.'

--Journal of Perinatal and Neonatal Nursing (on the first edition)

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- Sales Rank: #1161562 in Books
- Brand: Brand: Wiley-Blackwell
- Published on: 2005-10-24
- Original language: English

- Number of items: 1
- Dimensions: 7.40" h x .75" w x 5.10" l, .75 pounds
- Binding: Paperback
- 320 pages

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Editorial Review

Review

"This is a concise and valuable handbook.... The Labor Progress Handbook belongs in every lab coat pocket, in every birth room, and at all of our finger-tips as we help women to labor as normally as possible."

(Journal of Midwifery & Women's Health)

"Any book supporting the normal progress of labour is welcome; this one provides many interesting and practical tips, particularly in relation to psycho-social support measures."

Helen Cheyne, University of Stirling

From the Back Cover

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About the Author

Penny Simkin serves on the Faculty and Board of Consultants of Seattle Midwifery School and is on the Editorial Board of *Birth: Issues in Midwifery Care*. She trains childbirth educators and doula trainers and is founder of Doulas of North America.

Ruth Ancheta has over 15 years experience in perinatal education and is an experienced doula and doula trainer.

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