



The Art of Sexual Magic: Cultivating Sexual Energy to Transform Your Life

By Margo Anand

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"I recommend *The Art of Sexual Magic* to all those who want to know from the depth of their own being that sexual ecstasy and exaltation of the spirit are the same experience in different disguises."

--Deepak Chopra

Restoring a sense of sacred significance to the act of lovemaking, the practice of sexual magic also enables couples to celebrate the highest form of erotic communication. Sexuality becomes a way to honor both physical instincts and spiritual yearnings. A world-renowned expert in the field of Tantric sexuality, Anand sensitively guides readers through a series of unique exercises, many of which are based on ancient erotic rituals. In the process, readers will become "sexual magicians," gaining enchanting new powers that are magically accessible to every man and woman. Beautifully illustrated, with more than sixty explanatory drawings, **The Art of Sexual Magic** is a life-changing book for those who seek to discover the magic potential of sexual energy. It invites lovers on an exciting, unexplored pathway and richly rewarding journey.

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Editorial Review

Review

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--Deepak Chopra

"Margo Anand is sexual magic. She lives, breathes and moves Tantric traditions into practical meditations for modern lovers."
--Gabrielle Roth, *The Maps of Ecstasy*

About the Author

MARGO ANAND is an internationally acclaimed authority on Tantra, best-selling author, and much-beloved teacher and founder of SkyDancing Tantra®. Margot's books, videos, CDs and DVDs are widely regarded as the seminal teachings for integrating spirituality and sexuality and for cultivating the art of ecstatic living. Her popular books are available in numerous languages, and include *The Art of Sexual Ecstasy* and *The Art of Sexual Magic*.

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Inspired by the thrill of ecstatic awareness she experienced during her first sexual affair, Margot Anand has made her life's work the investigation of sacred sexuality and its incorporation into everyday existence. Through SEXUAL MAGIC'S exercises in "tantra," which means "weaving," listeners will learn how to intertwine the mystical aspects of body and soul through sexuality. Anand's soothing voice guides you (and your partner, if you wish) in deep-awareness meditations. Hilarious anecdotes about past sexual successes and failures will serve not only to entertain, but also to relieve many insecurities. Anand's performance is as intimate as her teachings; her voice is at once playful and wise--much as we hope are our own personal connections with others. R.A.P. (c)AudioFile, Portland, Maine

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