



True Love Dates: Your Indispensable Guide to Finding the Love of your Life

By Debra K. Fileta

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"...Your love life needs this book."

---Drs. Les & Leslie Parrott New York Times Best Selling authors of Saving Your Marriage Before It Starts.

"True Love Dates blends the wisdom of a counselor with the sage experience of a woman who has made a wise marital choice"

--Gary Thomas, Best Selling Author of The Sacred Marriage and Sacred Search

Are you ready for a book that will Revolutionize your love life?

True Love Dates is the book that world-renown #1 New York Times best-selling authors and relationship experts Drs. Les & Leslie Parrott have claimed to be exactly what "your love life needs".

Relationships are hard aren't they...but what if they were never intended to be this difficult? In *True Love Dates*, Professional Counselor Debra Fileta encourages singles not to "kiss dating goodbye" but instead, offers a new approach to dating by encouraging readers to do relationships in a way that is psychologically sound, emotionally healthy, and rooted in faith.

What it comes down to is that healthy people make for healthy relationships. We often complicate that by entering relationships with our past baggage and preconceived ideas of what it means to find "the one". But the good news is that it is possible to find love in a way that honors both God and the opposite sex.

Debra Fileta simplifies this process by offering a "3-stage approach" to finding true love by Dating Inward, Outward, and Upward. She draws on her personal life and her experience as a Professional Counselor and provides a practical approach to finding and keeping a healthy relationship- but most importantly, to becoming healthy yourself.

It's a book that is transforming lives and relationships. Why not see for

yourself? Whether single, dating, or engaged- don't wait to read this book. Your love life will thank you.

Be sure to check out the FAQ section in the back with answers to the Top 25 Dating Questions!

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Bibliography

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Editorial Review

Review

"We love this book! Debra gives every single looking for love a great game plan filled with personal counsel, biblical wisdom, and practical steps. Don't wait to read it. Your love life needs this book."

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"True Love Dates blends the wisdom of a counselor with the sage experience of a woman who has made a wise marital choice and wants to help others to do so as well. Debra Fileta finds just the right balance for pursuing a life mate with proper spiritual priorities, practical wisdom and responsible personal care."

--Gary Thomas, Author of The Sacred Marriage and Sacred Search

"Hands down, the best book on dating that I've ever read! If you're single, this is a must read. Jam-packed with wise counsel, Debra becomes your personal mentor as she answers dozens of real-life dating and relationship questions. Pastors and church leaders, get this resource into the hands of your singles!"

--- Chris Reed, Pastor to 20s/30s and Singles at Saddleback Church, Lake Forest, CA

"True Love Dates is spot on! There isn't one single I know who doesn't want to be in a successful relationship. Many singles today have lost hope because they don't know what a healthy relationship looks like or have the vision and tools to get there. Debra addresses every question singles are asking (or should be asking themselves). Most importantly, Debra shows that not only does true love date, it is only possible through a relationship with God. If you're single, you need to read this book!"

---Ashley Reccord, Community Outreach Manager at ChristianMingle.com

About the Author

Debra is a Licensed Professional Counselor specializing in dating, marriage and relationship issues, along with a spectrum of mental health disorders and issues.

Debra experienced an enrichment of her own personal life and relationships resulting from her professional education and practice, and her passion is sharing that information with young adults who are in search of true love.

In addition to speaking about love, dating, and healthy relationships to men and women across the country, she is a frequent contributor at Relevant Magazine and Crosswalk.com where she writes about love, dating, and healthy relationships. She has also contributed to magazines and websites such as Today's Christian Woman, Converge Magazine, and many others.

Find out more by visiting her blog at truelovedates.com

Users Review

From reader reviews:

Steven Maravilla:

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