



Rasta Heart: A Journey Into One Love

By Robert Roskind

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Since his passing in 1981, Bob Marley's music, like tribal drumming, has been sending out a message of love and freedom for all humanity. Twenty years later, Julia and Robert Roskind traveled to Jamaica to learn more about Rastafari-the people and philosophy that inspired his music. Their life-changing odyssey through the towns, villages and mountains of this beautiful island, revealed not only the Rasta way of life but an ancient mystery as well. "RASTA HEART" is truly a journey into One Love. "Riveting... An incredible adventure that reveals the true essence of Rasta!" Dr. Dennis Forsythe author of "Rastafarians:The Healing of the Nations."

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Editorial Review

Review

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"Rastafarians: Healing of The Nation." -- *Dr. Dennis Forsythe, Oct 15, 2001*

About the Author

Robert Roskind is a writer and speaker. His ten books include "In the Spirit of Business" and "In the Spirit of Marriage," both teaching unconditional love. He lives in the Blue Ridge Mountains of North Carolina with his wife, Julia, and their daughter, Alicia.

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