



Venus on Fire Mars on Ice (Book/DVD Twin Pack)

By John Gray PhD

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(Hardcover Book) John Gray will introduce the world to his 17th installment of the Mars Venus series and most astounding book yet, VENUS ON FIRE, MARS ON ICE HORMONAL BALANCE THE KEY TO LIFE, LOVE AND ENERGY. Featuring groundbreaking research and simple, natural solutions for keeping our relationships and our bodies happy, healthy and strong.

(DVD) VENUS ON FIRE, MARS ON ICE in this hilarious life changing DVD John Gray shares groundbreaking research, abundant examples and simple solutions for keeping our relationships and our bodies happy, healthy and strong. John teaches the astounding effects super-oxytocin producers, super-foods, super-exercise and blood sugar can have on our ability to cope with stress and stimulate the healthy hormones that lead to lifelong love, joy and vitality for anyone of any age.

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Editorial Review

About the Author

John Gray - the best selling relationship author of all time- introduces his most exciting and groundbreaking book yet, Venus on Fire, Mars on Ice: Hormonal Balance - The Key to Life, Love & Energy. Presenting new research which comes together with Gray's own thirty years of working with couples and individuals as a relationship therapist and healthy living coach, Venus on Fire, Mars on Ice; uses humorous relationship situations everybody can identify with to depict the stunning connection between personal interactions, hormones, love, desire and healthy vitality at different ages. Gray shows us how the unique and often frustrating differences between men and women can actually be used to turn our relationships into a fountain of youth.

Beginning in 1995 with his groundbreaking Men Are from Mars, Women Are from Venus;, the New York Times number one best-selling book of the last decade, Gray launched a Mars-Venus book series that changed the way men and women will forever view relationships. In the fifteen years since, John Gray has sold over 50 million books in more than 45 languages throughout the world. To quote Wikipedia, 'You must be from another planet if you have not heard of John Gray and his Mars Venus Universe.'

An expert in the field of communication, Gray's focus is to help men and women understand, respect and appreciate their differences in both personal and professional relationships.

Dr. John Gray has appeared on Oprah, The Today Show, CBS Morning Show, Good Morning America, The Early Show, The View, Politically Incorrect, Larry King and others. He has been profiled in Newsweek, Time, Forbes, USA Today, TV Guide and People, among scores of other major programs. He was the subject of a rare three-hour special hosted by Barbara Walters.

In addition to being a Certified Family Therapist with over 30 years of experience in the field, John Gray is a consulting editor of The Family Journal and a member of the Distinguished Advisory Board of the International Association of Marriage and Family Counselors. He is a recipient of the coveted the Smart Marriages Impact Award.

John Gray, 58, lives in Northern California with his wife of 23 years, Bonnie, They have three grown daughters and three grand children. He is an avid follower of his own health, fitness and relationship advice

Users Review

From reader reviews:

Ruth Haakenson:

A lot of people always spent their particular free time to vacation or perhaps go to the outside with them loved ones or their friend. Do you know? Many a lot of people spent many people free time just watching TV, as well as playing video games all day long. If you need to try to find a new activity that's look different you can read the book. It is really fun for you personally. If you enjoy the book that you read you can spent all day long to reading a book. The book Venus on Fire Mars on Ice (Book/DVD Twin Pack) it is extremely good to read. There are a lot of individuals who recommended this book. These folks were enjoying reading

this book. In case you did not have enough space to create this book you can buy the actual e-book. You can more effortlessly to read this book from a smart phone. The price is not to cover but this book offers high quality.

Mark Hoffman:

Reading can called head hangout, why? Because while you are reading a book especially book entitled Venus on Fire Mars on Ice (Book/DVD Twin Pack) your mind will drift away trough every dimension, wandering in each and every aspect that maybe unfamiliar for but surely can be your mind friends. Imaging each word written in a reserve then become one contact form conclusion and explanation that maybe you never get ahead of. The Venus on Fire Mars on Ice (Book/DVD Twin Pack) giving you another experience more than blown away your brain but also giving you useful facts for your better life on this era. So now let us present to you the relaxing pattern the following is your body and mind will probably be pleased when you are finished studying it, like winning a casino game. Do you want to try this extraordinary paying spare time activity?

Tina Wilson:

Venus on Fire Mars on Ice (Book/DVD Twin Pack) can be one of your beginning books that are good idea. We recommend that straight away because this book has good vocabulary that will increase your knowledge in vocabulary, easy to understand, bit entertaining but nevertheless delivering the information. The article writer giving his/her effort to place every word into satisfaction arrangement in writing Venus on Fire Mars on Ice (Book/DVD Twin Pack) yet doesn't forget the main level, giving the reader the hottest and also based confirm resource information that maybe you can be one of it. This great information can drawn you into completely new stage of crucial imagining.

Erica Northern:

You could spend your free time you just read this book this guide. This Venus on Fire Mars on Ice (Book/DVD Twin Pack) is simple bringing you can read it in the park your car, in the beach, train along with soon. If you did not have much space to bring the actual printed book, you can buy often the e-book. It is make you better to read it. You can save the actual book in your smart phone. Thus there are a lot of benefits that you will get when one buys this book.

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